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PRE-PROCEDURE INSTRUCTIONS

- Most of the procedures will be performed under mild IV sedation. Therefore, on the day of the procedure you will not be able to drive. ***Please make sure that you have arranged to have someone drive you home after the procedure is completed.***

- If you were told that sedation will be administered during your procedure, you should refrain from eating any food for 8 hours prior to the procedure. You may have clear fluid or juice (water, apple/grape) up to 3 hours prior to your procedure.

- Unless instructed otherwise, continue to take your regularly scheduled medication with a sip of water.

- If you are a diabetic patient on insulin and scheduled for sedation, please do not take your long acting insulin (NPH or Lantus) on the day of your procedure. You may continue the short acting insulin on a sliding scale basis. If you are on oral medication for diabeties, do not take them on the day of the procedure. Please consult your physician if you have any questions.

- ***If you are taking any anticoagulants (blood thinners) such as Plavix, Ticlid, Coumadin, Levonax, etc., please notify your physician for specific instructions.*** If you are taking NSAIDs such as Motrin, Advil, Voltaren, Relafen or Naprosyn, you should stop taking them at least 24 hours prior to the procedure. Regular strength Aspirin (325 mg) should be stopped 5 days prior to the procedure; Baby Aspirin (81 mg) may be continued.

- Fluoroscopy with X-ray radiation will be used during the procedures. Please make certian that the possibility of pregnancy has been ruled out.